

ENTRY FORM FOR THE SEVENTH ANNUAL TOM WALES MEMORIAL 5K RUN/WALK

Please mail by 4/18/09. Checks preferred, made payable to The Tom Wales Memorial Run, or TWMR.

Mail form and entry fee to:

Marlis DeJongh
1400 Hubbell, #1510
Seattle, WA 98101

For more information contact Marlis DeJongh, Event Coordinator
t: 206-624-1981 ~ email: marlis.dejongh@comcast.net

Fee:

5k Run/Walk (pre-reg. by 4/5/09) - \$15, no Shirt, \$30 w/shirt
Kids' dash for 10 and under, free

5k Run/Walk (4/6/09 or later and DOR) - \$20, no shirt, \$35 w/shirt

Please print clearly and complete all fields to ensure correct entry.
Note: Your name and contact information will not be rented or sold.

Name: _____

Address: _____

Email: _____

Phone: _____ Age (day of race) ____ M ____ F ____

Division: ____ 5k Run/Walk ____ Kids' Fun Run ____ **Donation**

Technical Shirt Size: ____ X-Small ____ Small ____ Medium ____ Large ____ X-L ____ XX-L

Signature of Participant or Parent/Guardian Date _____

WAIVER: In consideration of acceptance of my entry, I, for myself, heirs, executors, and anyone entitled to act on my behalf, waive and release King County, City of Seattle, Marlis DeJongh, Washington CeaseFire, and all sponsors, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event. I further understand that medical insurance is not provided. Parents must sign if athlete is under 18 and grant permission for event officials to authorize necessary emergency medical treatment. I have read the above statement, understand it, and confirm by my signature my full acceptance of the terms within.

ENTRY FEES ARE NOT REFUNDABLE.