

Tom Wales Memorial 5K 2009 5K Run

Age Group Results

April 25, 2009

Timing by BuDu Racing, LLC

Men: 0-19 20-29 30-39 40-49 50-59 60-69 70-79 80-99

Women: 0-19 20-29 30-39 40-49 50-59 60-69 70-79 80-99

Female 19 and under

Place	Name	City	Bib No	Age	Overall	Time	Pace
1	Natalie Sharp		349	12	13	21:11.4	6:50/M
2	Mariah O'Bryant		322	13	117	28:47.1	9:17/M
3	Ella Sandoval-Carlsten		174	10	131	29:31.6	9:31/M
4	Rachel Leteta		175	10	172	33:06.5	10:41/M
5	Kayasha Walker		386	11	215	40:42.1	13:08/M
6	Katilyn Foust		367	14	236	51:08.9	16:30/M
7	Kelsey Burgess		313	13	242	54:59.5	17:44/M
8	Kaila Burgess		314	14	244	55:04.8	17:46/M
9	Lindsay Smullin		302	15	245	55:23.0	17:52/M

Top

Female 20 to 29

Place	Name	City	Bib No	Age	Overall	Time	Pace
1	Karena Rudlang-Choi		172	29	22	22:26.4	7:14/M
2	Christine McKissick		131	25	25	22:49.7	7:22/M
3	Shirley Fung		59	29	38	23:40.9	7:38/M
4	Naomi Gilman		66	26	51	24:21.7	7:51/M
5	Kate Henderson		77	29	57	25:01.0	8:04/M
6	Jenna Serghini		183	25	67	25:38.8	8:16/M
7	Sara Waversveld		203	27	71	25:59.8	8:23/M
8	Jamie Dehnert		35	25	80	26:41.7	8:36/M
9	Jaime Riley		167	27	88	27:22.8	8:50/M
10	Sara Egbert		46	27	110	28:27.3	9:11/M
11	Sarah Matsumoto		126	25	119	28:52.9	9:19/M
12	Shannon Panther		151	28	122	29:03.5	9:22/M
13	Stefanie Thomas		193	23	132	29:50.5	9:37/M
14	Rachel Lynch		119	27	163	32:05.3	10:21/M
15	Amanda Emme		338	26	167	32:26.0	10:28/M

16	Laura Wolf	212	29	177	33:19.7	10:45/M
17	Heidi Stuber	352	29	183	34:26.0	11:06/M
18	Elizabeth Theiss	331	29	192	36:05.4	11:38/M
19	Cheryl Johnson	94	28	203	38:06.3	12:17/M
20	Kimberly Pierce	156	28	210	39:23.5	12:42/M
21	Anna Garner	60	24	220	41:14.5	13:18/M
22	Jennifer Robinson	170	28	232	48:47.9	15:44/M

Top

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	Time	Pace
1	Michelle Hammons		72	38	33	23:22.4	7:32/M
2	Daisy Parker		153	32	53	24:23.0	7:52/M
3	Amanda Hill		80	30	63	25:30.5	8:14/M
4	Kate Crisham		29	34	65	25:37.5	8:16/M
5	Eva Dusek		42	30	72	26:02.9	8:24/M
6	Erin Kenny		371	37	89	27:23.0	8:50/M
7	Kimber Morris		220	36	92	27:25.9	8:51/M
8	Lauren Depue		37	32	94	27:26.5	8:51/M
9	Leigh Sutherland		189	35	95	27:29.2	8:52/M
10	Marissa Kaiser		99	30	96	27:35.6	8:54/M
11	Christie Fix		55	37	97	27:36.7	8:54/M
12	Ronda Hundven		90	34	103	28:03.9	9:03/M
13	Nathalie Hamel		71	37	106	28:14.5	9:06/M
14	Gloria Fann		53	33	108	28:17.4	9:07/M
15	Tina Chang		22	37	109	28:26.0	9:10/M
16	Tina Grady		68	32	113	28:40.5	9:15/M
17	Sara Hobbs		83	32	121	28:58.5	9:21/M
18	Erika Nedderman		140	38	123	29:11.7	9:25/M
19	Kimberly Hemphill		377	31	124	29:12.4	9:25/M
20	Holly Wisecup		211	30	127	29:20.1	9:28/M
21	Caroline MacMillan		120	35	130	29:30.9	9:31/M
22	Rebecca Morrow		387	31	143	31:06.1	10:02/M
23	Courtney Powell		157	32	147	31:17.7	10:05/M
24	Katrina Thompson		330	39	150	31:31.2	10:10/M
25	Tysha Carter		21	32	151	31:35.4	10:11/M
26	Mary Jane Erdman		51	33	152	31:38.5	10:12/M
27	Mary Powell		158	32	153	31:38.8	10:12/M
28	Shelley Criminale		342	35	156	31:48.4	10:15/M
29	Heather Erdman		50	32	157	32:00.1	10:19/M
30	Wendy Lin		365	32	159	32:01.7	10:20/M
31	Jenny Blaesing		13	32	162	32:05.3	10:21/M
32	Anna Hughes		87	39	168	32:47.2	10:35/M
33	Melody Staubitz		372	31	179	33:25.4	10:47/M
34	Heidi Wallace		199	32	194	36:23.1	11:44/M
35	Kristin Garot		325	35	195	36:50.1	11:53/M
36	Jennifer Ritchie		168	39	202	37:42.6	12:10/M
37	Chanthala Larson		112	33	205	38:34.3	12:26/M

38	Maggie Holloway	305	30	206	38:42.2	12:29/M
39	Melissa Haltuch	396	34	207	38:43.4	12:29/M
40	Amanda Froh	57	38	216	41:00.9	13:14/M
41	Eileen Alexander	385	39	239	54:00.8	17:25/M

Top

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Laurie Heckel		76	47	39	23:49.3	7:41/M
2	Anita Schiltz		178	44	70	25:49.3	8:20/M
3	Celeste Oglesby		145	44	84	27:07.1	8:45/M
4	Karyn Johnson		362	40	87	27:21.6	8:49/M
5	Mary Sharp		347	48	93	27:25.9	8:51/M
6	Becky Gifford		64	47	129	29:25.9	9:29/M
7	Amy Dehnert		33	48	136	30:31.1	9:51/M
8	Mary Hinely		82	41	137	30:36.1	9:52/M
9	Dana Anderson		380	49	138	30:49.4	9:56/M
10	Heidi Drivdahl		40	40	145	31:12.7	10:04/M
11	Carol Vaughn		195	48	148	31:23.5	10:07/M
12	Jessica Gottesman		337	44	176	33:18.0	10:45/M
13	Victoria Carter		323	44	181	33:41.2	10:52/M
14	Marjorie Bedford-King		8	45	184	35:07.3	11:20/M
15	Susan Morris		135	48	189	35:28.6	11:26/M
16	Cheryl Claeys		24	45	190	35:28.9	11:26/M
17	Elizabeth Mazich		127	46	193	36:06.6	11:39/M
18	Val Epperson		49	43	197	37:00.8	11:56/M
19	Sarah Vogel		373	40	198	37:31.5	12:06/M
20	Lynn Meyers		132	45	209	39:23.1	12:42/M
21	Denise Johnson		95	49	213	40:09.0	12:57/M
22	Katy Warren		202	41	217	41:01.4	13:14/M
23	Darla Mosse		137	44	230	48:37.7	15:41/M
24	Nancy Westerberg		206	47	234	50:17.1	16:13/M
25	Erin Overbey		150	44	247	56:29.5	18:13/M
26	Michelle Prebula		159	41	248	58:59.2	19:02/M

Top

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Deborah Lee		113	54	35	23:32.8	7:35/M
2	Barbara Rush		318	52	36	23:33.5	7:36/M
3	Julia Fretsch		354	50	44	24:01.8	7:45/M
4	Susan Sisson		346	50	59	25:11.3	8:07/M
5	Pamela Lang		111	50	77	26:23.0	8:31/M
6	Susan Folk		308	58	135	30:00.3	9:41/M

7	Irene Klima	108	54	139	30:56.7	9:59/M
8	Susan McIntosh	130	56	165	32:16.2	10:25/M
9	Cammy Hendrix	78	57	173	33:09.7	10:42/M
10	Jill Allyn	1	57	174	33:11.4	10:42/M
11	Stephanie Kowals-Dym	110	52	188	35:28.2	11:26/M
12	Christine Cart	326	58	196	36:50.6	11:53/M
13	Ann Katica	101	55	208	38:59.4	12:35/M
14	Carmen Cook	28	50	214	40:33.7	13:05/M
15	Sandra Hunt	376	50	221	41:14.5	13:18/M
16	Micki Brunner	19	55	228	47:25.5	15:18/M
17	Cindy Lewis	368	52	233	50:11.6	16:11/M
18	Anne Redman	164	59	238	53:50.9	17:22/M
19	Marella Smullin	301	52	246	55:24.6	17:52/M
20	Mary Burns	20	56	250	59:05.7	19:04/M
21	Nancy Quint	163	53	252	1:02:02.6	20:01/M

Top

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carol Kennedy		107	69	149	31:27.8	10:09/M
2	Prudence Hulett		89	65	155	31:47.3	10:15/M
3	Laura Nilsen		143	62	164	32:09.7	10:22/M
4	Christine Katica		102	63	211	39:24.3	12:43/M
5	Pat Griffith		393	63	223	43:18.4	13:58/M
6	Kathleen Cline		26	60	237	53:42.7	17:19/M
7	Toni Ameslav		2	62	241	54:09.5	17:28/M

Top

Female 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeanette Ashrun		392	70	224	44:15.3	14:16/M

Top

Female 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ellen Cooper		397	99	74	26:20.3	8:30/M
2	Beth Bailey		4	99	166	32:22.0	10:26/M
3	Nicole Wandschneider		315	99	185	35:10.8	11:21/M
4	Heidi Syurup		341	99	187	35:26.9	11:26/M
5	Kelsey Overbey		359	99	235	51:07.6	16:29/M

6	Lataya Jordan	312	99	243	55:01.4	17:45/M
---	---------------	-----	----	-----	---------	---------

Top

Male 19 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chris Wilkerson		336	14	6	20:05.2	6:29/M
2	Jesse Dehnert		36	15	43	23:59.3	7:44/M
3	Sean Simonsen		335	13	45	24:06.4	7:46/M
4	Caleb Beale		5	18	76	26:21.8	8:30/M
5	Nigel Lindsey		400	16	83	27:05.8	8:44/M
6	David Kowals-Dym		109	10	100	27:49.5	8:58/M
7	Krubel Amare		366	11	160	32:03.5	10:20/M
8	Ben Shieferdecker		363	7	200	37:33.3	12:07/M

Top

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Osborne		147	23	3	18:18.3	5:54/M
2	Matthew Otten		149	27	18	21:42.9	7:00/M
3	Justin Johnson		96	28	29	22:55.3	7:24/M
4	Anthony Gromko		361	28	40	23:53.6	7:42/M
5	Jamie Nacht		139	28	42	23:55.1	7:43/M
6	John Chaffetz		391	25	91	27:24.9	8:50/M
7	Michael Leigh		395	24	104	28:09.1	9:05/M
8	Zach Panther		152	28	114	28:42.5	9:15/M
9	Dylan Jones		98	27	133	29:50.8	9:37/M
10	Omar Crowder		30	29	161	32:04.5	10:21/M
11	Chris Retallack		374	28	180	33:28.4	10:48/M
12	Travis Hobrla		351	27	182	34:25.9	11:06/M
13	Ben Robinson		169	28	231	48:47.7	15:44/M

Top

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JC Ramirez		398	35	2	17:19.7	5:35/M
2	Aravind Swaminathan		191	33	5	19:47.0	6:23/M
3	Daniel Clark		25	36	10	20:37.3	6:39/M
4	Allan Hicks		79	37	14	21:11.7	6:50/M
5	Matthew Diggs		38	32	16	21:20.1	6:53/M
6	John III Wallace		200	33	19	22:04.5	7:07/M

7	Chad Jennings	93	38	20	22:14.2	7:10/M
8	Ian Hinely	81	32	21	22:25.8	7:14/M
9	Josh Joerres	317	36	23	22:27.2	7:15/M
10	Justin Goodman	383	38	24	22:47.1	7:21/M
11	Brian Werner	205	33	37	23:40.0	7:38/M
12	Matt Baldock	369	34	47	24:08.7	7:47/M
13	Erik Pearson	154	30	61	25:24.6	8:12/M
14	Derek Van Nest	194	33	64	25:31.3	8:14/M
15	Craig Nelson	348	36	68	25:45.5	8:18/M
16	Simon Moore	133	30	79	26:37.9	8:35/M
17	Malcolm Frederick	56	36	81	26:53.6	8:40/M
18	Joel Sekuta	182	33	82	27:05.7	8:44/M
19	Michael Maruchek	123	38	98	27:42.6	8:56/M
20	Chris Hafner	70	32	99	27:45.1	8:57/M
21	Scott Sutherland	190	36	116	28:47.0	9:17/M
22	Cyrus O'Bryant	321	34	118	28:47.6	9:17/M
23	Brian Emery	48	33	144	31:09.3	10:03/M
24	Cesar Garcia	306	33	154	31:41.1	10:13/M
25	Adam Theiss	329	30	191	36:05.3	11:38/M
26	David Keenan	106	38	199	37:32.7	12:06/M
27	Jake Bartholomy	384	36	222	42:42.5	13:46/M

Top

Male 40 to 49

Place	Name	City	Bib No	Age	Overall	Time	Pace
1	Patrick Preston		160	42	4	19:46.6	6:23/M
2	Martin Criminale		343	45	7	20:09.2	6:30/M
3	Douglas Weigel		333	40	9	20:34.2	6:38/M
4	Mort Brinchmann		18	47	11	20:38.9	6:39/M
5	Peter Hodum		84	43	17	21:31.5	6:56/M
6	Richard Jamerson		399	42	26	22:50.2	7:22/M
7	Andrew Vlaskin		198	48	32	23:20.0	7:32/M
8	Andy Dym		43	47	50	24:16.1	7:50/M
9	Scott Henderson		303	40	54	24:38.8	7:57/M
10	Michael Larson		340	44	58	25:01.1	8:04/M
11	Joel Blanchette		14	49	62	25:25.9	8:12/M
12	David Schappell		177	40	66	25:38.5	8:16/M
13	Rick Cowan		319	47	69	25:45.9	8:18/M
14	Kent Meyer		339	48	78	26:25.6	8:31/M
15	Dan Satterberg		176	48	86	27:17.1	8:48/M
16	Joe Chivena		353	46	102	27:51.6	8:59/M
17	John Beale		6	48	105	28:11.7	9:05/M
18	Greg Dehnert		34	49	115	28:44.0	9:16/M
19	Thomas Nedderman		141	41	120	28:57.4	9:20/M
20	John` Keely		105	41	125	29:17.2	9:27/M
21	Laine Boekelman		15	49	126	29:17.4	9:27/M
22	Allen Welsch		204	46	128	29:24.3	9:29/M
23	Ken Brewer		17	48	140	31:00.2	10:00/M

24	Steve Erdman	52	44	158	32:00.5	10:19/M
25	Jeff Crandall	344	44	170	32:55.6	10:37/M
26	Kurt Shieferdecker	364	41	201	37:34.3	12:07/M
27	Jim Pugel	161	49	226	45:00.0	14:31/M
28	Sidd Puri	360	40	227	45:07.1	14:33/M
29	Adam Wilkinson	208	41	249	59:01.7	19:02/M

Top

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Henry Wigglesworth		207	51	1	17:13.9	5:33/M
2	Doug MacLean		388	56	8	20:30.5	6:37/M
3	Joseph Velling		307	50	30	23:09.6	7:28/M
4	Scott Peterson		155	53	31	23:09.7	7:28/M
5	Steve Johnson		97	51	34	23:26.1	7:34/M
6	John Wilkerson		334	50	46	24:08.5	7:47/M
7	Richard Wood		213	56	52	24:22.0	7:52/M
8	Michael Marzano		124	51	55	24:50.9	8:01/M
9	John, Sr. Heckel		75	51	56	24:54.1	8:02/M
10	Ralph Fascitelli		54	56	60	25:18.6	8:10/M
11	Mark Hulett		88	57	73	26:15.0	8:28/M
12	Steve Hunt		304	58	75	26:20.3	8:30/M
13	Steve Loitz		117	51	85	27:13.6	8:47/M
14	Thomas Goulding		67	56	90	27:23.7	8:50/M
15	Moses Garcia		379	50	107	28:15.9	9:07/M
16	Jeff Cobb		332	50	111	28:29.0	9:11/M
17	Dan Dunne		41	50	112	28:29.7	9:11/M
18	Brian Giddens		63	51	141	31:00.7	10:00/M
19	Steve Rovig		171	55	142	31:00.8	10:00/M
20	Bob Anderson		3	52	204	38:21.1	12:22/M
21	Tom Katica		104	55	212	39:56.0	12:53/M
22	Richard Berley		11	55	218	41:12.9	13:17/M
23	Greg Hope		375	57	219	41:14.1	13:18/M
24	Bart Cima		23	57	229	47:27.1	15:18/M
25	Mark Ondrake		146	55	240	54:08.0	17:28/M
26	Brian Quint		162	53	251	1:01:58.2	19:59/M

Top

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ted Coulson		345	60	27	22:51.8	7:22/M
2	Robb Shirley		309	68	28	22:54.3	7:23/M
3	Larry Murakami		138	60	41	23:54.2	7:43/M
4	John Katica		103	61	49	24:13.1	7:49/M

5	Langdon Marsh	356	64	101	27:51.3	8:59/M
6	Don Currie	355	64	134	29:55.4	9:39/M
7	Bill Daniel	310	66	146	31:14.6	10:05/M
8	James Ward	201	61	169	32:55.2	10:37/M
9	William Moore	134	63	171	32:56.0	10:37/M
10	David Griffith	394	65	225	44:16.4	14:17/M
11	Fritz Wollett	381	63	253	1:02:45.1	20:15/M

Top

Male 80 and over

Place	Name	City	Bib No	Age	Overall	Time	Pace
1	Jeremy Rene		324	99	12	20:44.4	6:41/M
2	Mark Embry		47	99	15	21:15.5	6:51/M
3	Beni Ontiveros		382	99	48	24:10.9	7:48/M
4	David Hollins		350	99	175	33:17.9	10:44/M
5	Don Currie		357	99	178	33:23.9	10:46/M
6	Evan Buehler		316	99	186	35:11.6	11:21/M