

# Tom Wales Memorial 5K 2009 5K Run

## Overall Finish List

April 25, 2009

*Timing by BuDu Racing, LLC*

Place	Name	City	Bib No	Age	Age Group	Time	Pace
1	Henry Wigglesworth		207	51	1 M 50-59	17:13.9	5:33/M
2	JC Ramirez		398	35	1 M 30-39	17:19.7	5:35/M
3	Robert Osborne		147	23	1 M 20-29	18:18.3	5:54/M
4	Patrick Preston		160	42	1 M 40-49	19:46.6	6:23/M
5	Aravind Swaminathan		191	33	2 M 30-39	19:47.0	6:23/M
6	Chris Wilkerson		336	14	1 M 0-19	20:05.2	6:29/M
7	Martin Criminale		343	45	2 M 40-49	20:09.2	6:30/M
8	Doug MacLean		388	56	2 M 50-59	20:30.5	6:37/M
9	Douglas Weigel		333	40	3 M 40-49	20:34.2	6:38/M
10	Daniel Clark		25	36	3 M 30-39	20:37.3	6:39/M
11	Mort Brinchmann		18	47	4 M 40-49	20:38.9	6:39/M
12	Jeremy Rene		324	99	1 M 80-99	20:44.4	6:41/M
13	Natalie Sharp		349	12	1 F 0-19	21:11.4	6:50/M
14	Allan Hicks		79	37	4 M 30-39	21:11.7	6:50/M
15	Mark Embry		47	99	2 M 80-99	21:15.5	6:51/M
16	Matthew Diggs		38	32	5 M 30-39	21:20.1	6:53/M
17	Peter Hodum		84	43	5 M 40-49	21:31.5	6:56/M
18	Matthew Otten		149	27	2 M 20-29	21:42.9	7:00/M
19	John III Wallace		200	33	6 M 30-39	22:04.5	7:07/M
20	Chad Jennings		93	38	7 M 30-39	22:14.2	7:10/M
21	Ian Hinely		81	32	8 M 30-39	22:25.8	7:14/M
22	Karena Rudlang-Choi		172	29	1 F 20-29	22:26.4	7:14/M
23	Josh Joeres		317	36	9 M 30-39	22:27.2	7:15/M
24	Justin Goodman		383	38	10 M 30-39	22:47.1	7:21/M
25	Christine McKissick		131	25	2 F 20-29	22:49.7	7:22/M
26	Richard Jamerson		399	42	6 M 40-49	22:50.2	7:22/M
27	Ted Coulson		345	60	1 M 60-69	22:51.8	7:22/M
28	Robb Shirley		309	68	2 M 60-69	22:54.3	7:23/M
29	Justin Johnson		96	28	3 M 20-29	22:55.3	7:24/M
30	Joseph Velling		307	50	3 M 50-59	23:09.6	7:28/M
31	Scott Peterson		155	53	4 M 50-59	23:09.7	7:28/M
32	Andrew Vlaskin		198	48	7 M 40-49	23:20.0	7:32/M
33	Michelle Hammons		72	38	1 F 30-39	23:22.4	7:32/M
34	Steve Johnson		97	51	5 M 50-59	23:26.1	7:34/M
35	Deborah Lee		113	54	1 F 50-59	23:32.8	7:35/M
36	Barbara Rush		318	52	2 F 50-59	23:33.5	7:36/M
37	Brian Werner		205	33	11 M 30-39	23:40.0	7:38/M
38	Shirley Fung		59	29	3 F 20-29	23:40.9	7:38/M

39	Laurie Heckel	76	47	1 F 40-49	23:49.3	7:41/M
40	Anthony Gromko	361	28	4 M 20-29	23:53.6	7:42/M
41	Larry Murakami	138	60	3 M 60-69	23:54.2	7:43/M
42	Jamie Nacht	139	28	5 M 20-29	23:55.1	7:43/M
43	Jesse Dehnert	36	15	2 M 0-19	23:59.3	7:44/M
44	Julia Fretsch	354	50	3 F 50-59	24:01.8	7:45/M
45	Sean Simonsen	335	13	3 M 0-19	24:06.4	7:46/M
46	John Wilkerson	334	50	6 M 50-59	24:08.5	7:47/M
47	Matt Baldock	369	34	12 M 30-39	24:08.7	7:47/M
48	Beni Ontiveros	382	99	3 M 80-99	24:10.9	7:48/M
49	John Katica	103	61	4 M 60-69	24:13.1	7:49/M
50	Andy Dym	43	47	8 M 40-49	24:16.1	7:50/M
51	Naomi Gilman	66	26	4 F 20-29	24:21.7	7:51/M
52	Richard Wood	213	56	7 M 50-59	24:22.0	7:52/M
53	Daisy Parker	153	32	2 F 30-39	24:23.0	7:52/M
54	Scott Henderson	303	40	9 M 40-49	24:38.8	7:57/M
55	Michael Marzano	124	51	8 M 50-59	24:50.9	8:01/M
56	John, Sr. Heckel	75	51	9 M 50-59	24:54.1	8:02/M
57	Kate Henderson	77	29	5 F 20-29	25:01.0	8:04/M
58	Michael Larson	340	44	10 M 40-49	25:01.1	8:04/M
59	Susan Sisson	346	50	4 F 50-59	25:11.3	8:07/M
60	Ralph Fascitelli	54	56	10 M 50-59	25:18.6	8:10/M
61	Erik Pearson	154	30	13 M 30-39	25:24.6	8:12/M
62	Joel Blanchette	14	49	11 M 40-49	25:25.9	8:12/M
63	Amanda Hill	80	30	3 F 30-39	25:30.5	8:14/M
64	Derek Van Nest	194	33	14 M 30-39	25:31.3	8:14/M
65	Kate Crisham	29	34	4 F 30-39	25:37.5	8:16/M
66	David Schappell	177	40	12 M 40-49	25:38.5	8:16/M
67	Jenna Serghini	183	25	6 F 20-29	25:38.8	8:16/M
68	Craig Nelson	348	36	15 M 30-39	25:45.5	8:18/M
69	Rick Cowan	319	47	13 M 40-49	25:45.9	8:18/M
70	Anita Schiltz	178	44	2 F 40-49	25:49.3	8:20/M
71	Sara Waversveld	203	27	7 F 20-29	25:59.8	8:23/M
72	Eva Dusek	42	30	5 F 30-39	26:02.9	8:24/M
73	Mark Hulett	88	57	11 M 50-59	26:15.0	8:28/M
74	Ellen Cooper	397	99	1 F 80-99	26:20.3	8:30/M
75	Steve Hunt	304	58	12 M 50-59	26:20.3	8:30/M
76	Caleb Beale	5	18	4 M 0-19	26:21.8	8:30/M
77	Pamela Lang	111	50	5 F 50-59	26:23.0	8:31/M
78	Kent Meyer	339	48	14 M 40-49	26:25.6	8:31/M
79	Simon Moore	133	30	16 M 30-39	26:37.9	8:35/M
80	Jamie Dehnert	35	25	8 F 20-29	26:41.7	8:36/M
81	Malcolm Frederick	56	36	17 M 30-39	26:53.6	8:40/M
82	Joel Sekuta	182	33	18 M 30-39	27:05.7	8:44/M
83	Nigel Lindsey	400	16	5 M 0-19	27:05.8	8:44/M
84	Celeste Oglesby	145	44	3 F 40-49	27:07.1	8:45/M
85	Steve Loitz	117	51	13 M 50-59	27:13.6	8:47/M
86	Dan Satterberg	176	48	15 M 40-49	27:17.1	8:48/M
87	Karyn Johnson	362	40	4 F 40-49	27:21.6	8:49/M
88	Jaime Riley	167	27	9 F 20-29	27:22.8	8:50/M
89	Erin Kenny	371	37	6 F 30-39	27:23.0	8:50/M

90	Thomas Goulding	67	56	14 M 50-59	27:23.7	8:50/M
91	John Chaffetz	391	25	6 M 20-29	27:24.9	8:50/M
92	Kimber Morris	220	36	7 F 30-39	27:25.9	8:51/M
93	Mary Sharp	347	48	5 F 40-49	27:25.9	8:51/M
94	Lauren Depue	37	32	8 F 30-39	27:26.5	8:51/M
95	Leigh Sutherland	189	35	9 F 30-39	27:29.2	8:52/M
96	Marissa Kaiser	99	30	10 F 30-39	27:35.6	8:54/M
97	Christie Fix	55	37	11 F 30-39	27:36.7	8:54/M
98	Michael Maruchek	123	38	19 M 30-39	27:42.6	8:56/M
99	Chris Hafner	70	32	20 M 30-39	27:45.1	8:57/M
100	David Kowals-Dym	109	10	6 M 0-19	27:49.5	8:58/M

<u>PlaceName</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Age Group</u>	<u>Time</u>	<u>Pace</u>
101	Langdon Marsh	356	64	5 M 60-69	27:51.3	8:59/M
102	Joe Chivena	353	46	16 M 40-49	27:51.6	8:59/M
103	Ronda Hundven	90	34	12 F 30-39	28:03.9	9:03/M
104	Michael Leigh	395	24	7 M 20-29	28:09.1	9:05/M
105	John Beale	6	48	17 M 40-49	28:11.7	9:05/M
106	Nathalie Hamel	71	37	13 F 30-39	28:14.5	9:06/M
107	Moses Garcia	379	50	15 M 50-59	28:15.9	9:07/M
108	Gloria Fann	53	33	14 F 30-39	28:17.4	9:07/M
109	Tina Chang	22	37	15 F 30-39	28:26.0	9:10/M
110	Sara Egbert	46	27	10 F 20-29	28:27.3	9:11/M
111	Jeff Cobb	332	50	16 M 50-59	28:29.0	9:11/M
112	Dan Dunne	41	50	17 M 50-59	28:29.7	9:11/M
113	Tina Grady	68	32	16 F 30-39	28:40.5	9:15/M
114	Zach Panther	152	28	8 M 20-29	28:42.5	9:15/M
115	Greg Dehnert	34	49	18 M 40-49	28:44.0	9:16/M
116	Scott Sutherland	190	36	21 M 30-39	28:47.0	9:17/M
117	Mariah O'Bryant	322	13	2 F 0-19	28:47.1	9:17/M
118	Cyrus O'Bryant	321	34	22 M 30-39	28:47.6	9:17/M
119	Sarah Matsumoto	126	25	11 F 20-29	28:52.9	9:19/M
120	Thomas Nedderman	141	41	19 M 40-49	28:57.4	9:20/M
121	Sara Hobbs	83	32	17 F 30-39	28:58.5	9:21/M
122	Shannon Panther	151	28	12 F 20-29	29:03.5	9:22/M
123	Erika Nedderman	140	38	18 F 30-39	29:11.7	9:25/M
124	Kimberly Hemphill	377	31	19 F 30-39	29:12.4	9:25/M
125	John` Keely	105	41	20 M 40-49	29:17.2	9:27/M
126	Laine Boekelman	15	49	21 M 40-49	29:17.4	9:27/M
127	Holly Wisecup	211	30	20 F 30-39	29:20.1	9:28/M
128	Allen Welsch	204	46	22 M 40-49	29:24.3	9:29/M
129	Becky Gifford	64	47	6 F 40-49	29:25.9	9:29/M
130	Caroline MacMillan	120	35	21 F 30-39	29:30.9	9:31/M
131	Ella Sandoval-Carlsten	174	10	3 F 0-19	29:31.6	9:31/M
132	Stefanie Thomas	193	23	13 F 20-29	29:50.5	9:37/M
133	Dylan Jones	98	27	9 M 20-29	29:50.8	9:37/M
134	Don Currie	355	64	6 M 60-69	29:55.4	9:39/M
135	Susan Folk	308	58	6 F 50-59	30:00.3	9:41/M
136	Amy Dehnert	33	48	7 F 40-49	30:31.1	9:51/M
137	Mary Hinely	82	41	8 F 40-49	30:36.1	9:52/M

138	Dana Anderson	380	49	9 F 40-49	30:49.4	9:56/M
139	Irene Klima	108	54	7 F 50-59	30:56.7	9:59/M
140	Ken Brewer	17	48	23 M 40-49	31:00.2	10:00/M
141	Brian Giddens	63	51	18 M 50-59	31:00.7	10:00/M
142	Steve Rovig	171	55	19 M 50-59	31:00.8	10:00/M
143	Rebecca Morrow	387	31	22 F 30-39	31:06.1	10:02/M
144	Brian Emery	48	33	23 M 30-39	31:09.3	10:03/M
145	Heidi Drivdahl	40	40	10 F 40-49	31:12.7	10:04/M
146	Bill Daniel	310	66	7 M 60-69	31:14.6	10:05/M
147	Courtney Powell	157	32	23 F 30-39	31:17.7	10:05/M
148	Carol Vaughn	195	48	11 F 40-49	31:23.5	10:07/M
149	Carol Kennedy	107	69	1 F 60-69	31:27.8	10:09/M
150	Katrina Thompson	330	39	24 F 30-39	31:31.2	10:10/M
151	Tysha Carter	21	32	25 F 30-39	31:35.4	10:11/M
152	Mary Jane Erdman	51	33	26 F 30-39	31:38.5	10:12/M
153	Mary Powell	158	32	27 F 30-39	31:38.8	10:12/M
154	Cesar Garcia	306	33	24 M 30-39	31:41.1	10:13/M
155	Prudence Hulett	89	65	2 F 60-69	31:47.3	10:15/M
156	Shelley Criminale	342	35	28 F 30-39	31:48.4	10:15/M
157	Heather Erdman	50	32	29 F 30-39	32:00.1	10:19/M
158	Steve Erdman	52	44	24 M 40-49	32:00.5	10:19/M
159	Wendy Lin	365	32	30 F 30-39	32:01.7	10:20/M
160	Krubel Amare	366	11	7 M 0-19	32:03.5	10:20/M
161	Omar Crowder	30	29	10 M 20-29	32:04.5	10:21/M
162	Jenny Blaesing	13	32	31 F 30-39	32:05.3	10:21/M
163	Rachel Lynch	119	27	14 F 20-29	32:05.3	10:21/M
164	Laura Nilsen	143	62	3 F 60-69	32:09.7	10:22/M
165	Susan McIntosh	130	56	8 F 50-59	32:16.2	10:25/M
166	Beth Bailey	4	99	2 F 80-99	32:22.0	10:26/M
167	Amanda Emme	338	26	15 F 20-29	32:26.0	10:28/M
168	Anna Hughes	87	39	32 F 30-39	32:47.2	10:35/M
169	James Ward	201	61	8 M 60-69	32:55.2	10:37/M
170	Jeff Crandall	344	44	25 M 40-49	32:55.6	10:37/M
171	William Moore	134	63	9 M 60-69	32:56.0	10:37/M
172	Rachel Leteta	175	10	4 F 0-19	33:06.5	10:41/M
173	Cammy Hendrix	78	57	9 F 50-59	33:09.7	10:42/M
174	Jill Allyn	1	57	10 F 50-59	33:11.4	10:42/M
175	David Hollins	350	99	4 M 80-99	33:17.9	10:44/M
176	Jessica Gottesman	337	44	12 F 40-49	33:18.0	10:45/M
177	Laura Wolf	212	29	16 F 20-29	33:19.7	10:45/M
178	Don Currie	357	99	5 M 80-99	33:23.9	10:46/M
179	Melody Staubitz	372	31	33 F 30-39	33:25.4	10:47/M
180	Chris Retallack	374	28	11 M 20-29	33:28.4	10:48/M
181	Victoria Carter	323	44	13 F 40-49	33:41.2	10:52/M
182	Travis Hobrla	351	27	12 M 20-29	34:25.9	11:06/M
183	Heidi Stuber	352	29	17 F 20-29	34:26.0	11:06/M
184	Marjorie Bedford-King	8	45	14 F 40-49	35:07.3	11:20/M
185	Nicole Wandschneider	315	99	3 F 80-99	35:10.8	11:21/M
186	Evan Buehler	316	99	6 M 80-99	35:11.6	11:21/M
187	Heidi Syurup	341	99	4 F 80-99	35:26.9	11:26/M
188	Stephanie Kowals-Dym	110	52	11 F 50-59	35:28.2	11:26/M

189	Susan Morris	135	48	15 F 40-49	35:28.6	11:26/M
190	Cheryl Claeys	24	45	16 F 40-49	35:28.9	11:26/M
191	Adam Theiss	329	30	25 M 30-39	36:05.3	11:38/M
192	Elizabeth Theiss	331	29	18 F 20-29	36:05.4	11:38/M
193	Elizabeth Mazich	127	46	17 F 40-49	36:06.6	11:39/M
194	Heidi Wallace	199	32	34 F 30-39	36:23.1	11:44/M
195	Kristin Garot	325	35	35 F 30-39	36:50.1	11:53/M
196	Christine Cart	326	58	12 F 50-59	36:50.6	11:53/M
197	Val Epperson	49	43	18 F 40-49	37:00.8	11:56/M
198	Sarah Vogel	373	40	19 F 40-49	37:31.5	12:06/M
199	David Keenan	106	38	26 M 30-39	37:32.7	12:06/M
200	Ben Shieferdecker	363	7	8 M 0-19	37:33.3	12:07/M

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201	Kurt Shieferdecker	364	41	26 M 40-49	37:34.3	12:07/M
202	Jennifer Ritchie	168	39	36 F 30-39	37:42.6	12:10/M
203	Cheryl Johnson	94	28	19 F 20-29	38:06.3	12:17/M
204	Bob Anderson	3	52	20 M 50-59	38:21.1	12:22/M
205	Chanthala Larson	112	33	37 F 30-39	38:34.3	12:26/M
206	Maggie Holloway	305	30	38 F 30-39	38:42.2	12:29/M
207	Melissa Haltuch	396	34	39 F 30-39	38:43.4	12:29/M
208	Ann Katica	101	55	13 F 50-59	38:59.4	12:35/M
209	Lynn Meyers	132	45	20 F 40-49	39:23.1	12:42/M
210	Kimberly Pierce	156	28	20 F 20-29	39:23.5	12:42/M
211	Christine Katica	102	63	4 F 60-69	39:24.3	12:43/M
212	Tom Katica	104	55	21 M 50-59	39:56.0	12:53/M
213	Denise Johnson	95	49	21 F 40-49	40:09.0	12:57/M
214	Carmen Cook	28	50	14 F 50-59	40:33.7	13:05/M
215	Kayasha Walker	386	11	5 F 0-19	40:42.1	13:08/M
216	Amanda Froh	57	38	40 F 30-39	41:00.9	13:14/M
217	Katy Warren	202	41	22 F 40-49	41:01.4	13:14/M
218	Richard Berley	11	55	22 M 50-59	41:12.9	13:17/M
219	Greg Hope	375	57	23 M 50-59	41:14.1	13:18/M
220	Anna Garner	60	24	21 F 20-29	41:14.5	13:18/M
221	Sandra Hunt	376	50	15 F 50-59	41:14.5	13:18/M
222	Jake Bartholomy	384	36	27 M 30-39	42:42.5	13:46/M
223	Pat Griffith	393	63	5 F 60-69	43:18.4	13:58/M
224	Jeanette Ashrun	392	70	1 F 70-79	44:15.3	14:16/M
225	David Griffith	394	65	10 M 60-69	44:16.4	14:17/M
226	Jim Pugel	161	49	27 M 40-49	45:00.0	14:31/M
227	Sidd Puri	360	40	28 M 40-49	45:07.1	14:33/M
228	Micki Brunner	19	55	16 F 50-59	47:25.5	15:18/M
229	Bart Cima	23	57	24 M 50-59	47:27.1	15:18/M
230	Darla Mosse	137	44	23 F 40-49	48:37.7	15:41/M
231	Ben Robinson	169	28	13 M 20-29	48:47.7	15:44/M
232	Jennifer Robinson	170	28	22 F 20-29	48:47.9	15:44/M
233	Cindy Lewis	368	52	17 F 50-59	50:11.6	16:11/M
234	Nancy Westerberg	206	47	24 F 40-49	50:17.1	16:13/M
235	Kelsey Overbey	359	99	5 F 80-99	51:07.6	16:29/M
236	Katilyn Foust	367	14	6 F 0-19	51:08.9	16:30/M

237	Kathleen Cline	26	60	6 F 60-69	53:42.7	17:19/M
238	Anne Redman	164	59	18 F 50-59	53:50.9	17:22/M
239	Eileen Alexander	385	39	41 F 30-39	54:00.8	17:25/M
240	Mark Ondrake	146	55	25 M 50-59	54:08.0	17:28/M
241	Toni Ameslav	2	62	7 F 60-69	54:09.5	17:28/M
242	Kelsey Burgess	313	13	7 F 0-19	54:59.5	17:44/M
243	Lataya Jordan	312	99	6 F 80-99	55:01.4	17:45/M
244	Kaila Burgess	314	14	8 F 0-19	55:04.8	17:46/M
245	Lindsay Smullin	302	15	9 F 0-19	55:23.0	17:52/M
246	Marella Smullin	301	52	19 F 50-59	55:24.6	17:52/M
247	Erin Overbey	150	44	25 F 40-49	56:29.5	18:13/M
248	Michelle Prebula	159	41	26 F 40-49	58:59.2	19:02/M
249	Adam Wilkinson	208	41	29 M 40-49	59:01.7	19:02/M
250	Mary Burns	20	56	20 F 50-59	59:05.7	19:04/M
251	Brian Quint	162	53	26 M 50-59	1:01:58.2	19:59/M
252	Nancy Quint	163	53	21 F 50-59	1:02:02.6	20:01/M
253	Fritz Wollett	381	63	11 M 60-69	1:02:45.1	20:15/M